

WALK FOR EQUALITY

WALKATHON THEME IDEAS

How you decide to set up your challenge is completely up to you, but here are just a few fun-filled ideas to inspire you.

1. Walk on the Wild Side

This is a chance to dress up as creative (or as crazy) as you like and show us your wild side! The more creative you are puts you in the running for the best costume award!

3. The Historical Trail Walk

Do you have any historical trails in your area? Did anyone famous spend time there? Walk an existing trail or create one of your own, and take photos of the historical places and sights to share. Don't forget to include some fun facts if you can with each photo you share.

5. Superheroes Walk on Earth

If you are a superhero fan (and we don't know many people who aren't) then you will enjoy this fun walk for all ages! Get dressed up as your favourite superhero, give your flying powers a break and walk amongst the mere mortals.

Corporates can get more competitive: set up supervillain teams who compete against the superheroes to contend for prizes such as 'highest fundraiser' and 'best team costume'!

2. The Nature Walk

Select a scenic spot that offers as much wildlife as possible and take photos of nature as you walk. Take photos of the landscape, insects, birds, animals, plants and flowers.

4. The Disney Walk

This is a great theme for families and children (and there is nothing wrong about adults getting in on the fun either). Bring your favourite Disney characters to life; it's also a fun alternative to masking up!

6. Bollywood or Gangnam style?

Choose the colourful and dazzling look of Bollywood (accessorized with catchy Hindi music) or get your Gangnam style on with some funky shades and trendy clothes as you show off your famous K-pop moves! Got a great dance routine to show off on your walk? Share your videos as you never know what surprise prizes can be won!

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7. Walk Like an Egyptian

Dress up as a mummy, pharaoh, god or goddess on your walk. Complete the look and play the song 'Walk like an Egyptian' (Pop group: The Bangles) on your headphones; stop to break out in your best pharaonic moves.

9. The Night Walk

Too busy during the day or prefer the solace of the evenings? Gear up with glowsticks and bright clothing, and find a beautiful route to enjoy the night lights. Take some beautiful night shots and your 'glow in the dark' look! You could even win the best photo award!

11. Walk in Pyjamas

Maximize comfort levels and wear your pyjamas! (Let's be honest, we are probably wearing our pyjamas A LOT these days as we officially work from home.) Accessorize your PJs with eye masks, pillows and blankets for the total 'just got out of bed' look. Why not walk early morning and finish your walkathon with a delicious breakfast?

8. Let's Get Physical!

Choose a more difficult or challenging route and dress up in the style of the 80s with headbands, neon leggings and legwarmers! Do some workout exercises along the way to the best workout beats of the 80s! Cue: Olivia Newton-John.

10. Strollers Out!

Don't leave your children at home; find an accessible route and get outdoors! There are prizes for the best decorated strollers (and babies) in our inclusive walkathon.

12. Virtual Clean-up Walk

Want to combine your walk with a virtual cleanup and do something for your community at the same time? Select a beach or popular hike and pick up litter along the way. You could even pledge to clean up a certain distance of your selected location and take photos and videos of your litter as evidence.

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13. Walk your Pet

Get your pets involved in the cause! Dress them up for the occasion (you could even wear matching outfits if you so desire!) and strut your stuff! If your pet prefers a stroller, then don't forget to decorate it to increase your chances of winning a prize!

15. Scavenger Hunts

If you have the time you could even create a scavenger hunt as part of your walk. Decide what items you are going to look for, for example, specific leaves, flowers, shells, rocks, and lost treasure such as coins. See how many items you can find on your chosen route and take photos of your find.

17. The Haunted Walk

Looking to spook up your walk in search of haunted houses? Find trails that lead to eerie haunted houses and don't forget to take photos of any strange sights!

If spooky walks are not your thing, then search for abandoned villages and buildings and take photos of the homes that were once lived in.

14. Magical Fairy Trails

If some of the popular hikes in your area have fairy doors, then this could be a fun walk for families! See how many fairy doors you can find on the way, take photos and share! (There are fairy trails in Hong Kong, Australia, the UK and Ireland.)

16. The Obstacle Walk

Select a location where you can set up a 'natural' obstacle course as part of the walk. This could be jumping over a fence, climbing over a rock, walking up steps or using some of the outdoor sports equipment that can be found on certain hikes. You could even combine it with a challenge such as a bag race or bound legs for the last section of your walk.

18. Pokémon Go!

This one is for die-hard Pokémon fans! Choose the best Pokémon trails and start catching! See how many you can find on your route; catch the most or the more valuable ones and you might find yourself winning a prize!

REMEMBER!

Take plenty of photos, screenshots and videos and upload them to your fundraiser page and social media!